

ADDITIONAL QUESTIONS AND GUIDANCE

Please note that on the league website and in league documentation, the word **mask** is the interchangeable term used for **any face (nose and mouth) covering**.

What safety measures must players take?

- If you are sick or feel unwell, stay home
- Take the COVID-19 self-assessment before each game
<https://covid-19.ontario.ca/self-assessment/>
- Make sure you have your mask
- Sanitize hands upon entry and exit

Where, how long, and when do players have to wear their masks?

- Mask on to enter the building.
- Mask on to go into and while in the bathroom
 - Leave the field of play, get your mask, put it on, then go to the bathroom
- Mask on when on the black floored common area

- Wearing a mask is optional once on the field for warmup, playing, as a substitute, and for a post-game cool down.

When can we go into the dome?

- If you are the first game of the night, do not enter until the referee enters the building
- Second and subsequent games, enter no more than 10 minutes before scheduled kick-off
 - Proceed to far end of the black floored common area, wearing mask, observing social distancing

Is heading allowed?

- Yes, Ontario Soccer has lifted the 2020 modification such that heading the ball is now allowed.

What about spitting on the turf?

- Please don't spit.
- AISL match officials are instructed not to give "warnings" for spitting on the turf
- AISL match officials are instructed to sanction spitting on the turf with a game misconduct
- This means that the player is ejected from the match
- The player may remain in the team's technical area / bench for the remainder of the match (subject to proper behaviour)
- The team does not play short handed
- There is no additional discipline (e.g. suspension) unless the player has to be removed from the facility due to improper behaviour
- Spitting on or at anyone is still sanctioned as a dismissal with additional discipline (following Ontario Soccer's discipline policy)

Can we use our own water bottles?

- You can definitely bring your own water bottle to the game.
- Think about a bottle that you can open with your mouth v. your hand.
- Please do not share water.