



FOR THE LOVE OF THE GAME



RESPECT

FAIR PLAY

Misconduct

Get a red card?

Almost every player who receives a red card will be called in for a discipline hearing. This gives the player the opportunity to have their version of the incident heard. This allows the discipline committee to make the best possible informed decision.

What happens if I am guilty of a red card offence?

If the discipline committee finds you guilty:

- you will be suspended as per Ontario Soccer discipline policy;
- you will not be eligible to play as a call-up for the remainder of the session in which you get the red card; and
- you must pay a \$25 reinstatement fine before you are eligible to return to play.

What happens if I get 3 yellow cards in 1 session?

There is no discipline hearing and a player cannot appeal an accumulation of cautions. If you get 3 yellow cards in 1 session:

- you will be suspended as per Ontario Soccer discipline policy;
- you will not be eligible to play as a call-up for the remainder of the session in which you get the red card;
- you must pay a \$25 reinstatement fine before you are eligible to return to play.

Injury

Injured While Playing in the AISL?

Please send an email to beckwith.aisl@hotmail.com to report a serious injury as soon as it is possible.

How do I claim through the insurance?

If you need to submit an injury claim for reimbursement through the Ontario Soccer insurance:

- review the coverage from the insurer. A link to the insurance documents can be found on the league's website on the rules page;
- complete page 1 of the injury claim form;
- send an email to beckwith.aisl@hotmail.com with the following information:

- Name:
- Date of accident:
- Game time:
- Game number:
- Your Team:
- Opposing Team:
- Division:
- Description of accident:
- Description of injury:

- you will receive page 2 of the claim form completed by the Soccer Club; and
- you submit your claim based on the method listed on the claim form.



GET A YELLOW CARD?

- a yellow card means you sit off for a 2-minute cooldown period;
- your team plays short-handed for this time; and
- if the opposing team scores, your team is back to full strength and you can rejoin play!



GET A RED CARD?

- a red card means you are out of the game; and
- your team plays short the rest of the game

Comments and Complaints

I want to email a comment/complaint?

If you would like to share comments about an issue encountered in the AISL:

- please wait a minimum of 24 hours after the incident before writing your comment/complaint;
- please send this to your team contact/manager;
- any complaints/comments received directly from a player or failing to respect the 24-hour reflection period will be deleted and you will not receive a response.

Registration

I'm no longer going to play. Can I get a refund?

- the AISL does not refund player fees;
- the players on a team are responsible for paying the team fee in full;
- you can discuss options with your team contact/manager, such as being "bought out" by a new player or by your teammates chipping in to cover some of your fee.

How can I pay?

Method: mail, in person at Beckwith Township office, or in the Beckwith Township office after-hours slot.

Payment: debit (in person during office hours only), cash, or cheque;



Age Restrictions

How old do I have to be to play?

To play in:

- Women's Open or Co-ed, you must be 18 (no exception)
- Women's 30+, you must be 30 or turn 30 during the session; and
- Men's 35+, you must be 35 or turn 35 during the session.

BAD WEATHER

- games may be cancelled on days with bad weather;
- the website is updated with a cancellation notice and team contacts are notified around 3pm;
- the dome remains open and players registered in that specific division are eligible to make use of the field, noting:
 - there will be no referee present; and
 - these games will not be rescheduled.

Being a Call-up

Who can I play as a call-up player for?

- any team in your 4-team division;

How many times can I be a call-up?

- a maximum of 3 times per session with a specific team;
- a maximum of 6 times per session total with all teams in your division; and
- this is subject to special rules for co-ed.

Equipment

I wrapped and padded my cast. Can I play?

- if you have a cast, **you cannot play**;
- a cast poses a danger to everyone on the field, even you, regardless of how protected and padded it is.

Slide Tackling

Can I slide tackle an opponent for the ball?

- slide tackles are not permitted in the AISL;
- slide tackling is when you challenge an opponent for the ball by sliding; and
- depending on how dangerous your slide is, you can get a yellow card or a red card.

Can I slide tackle if there's no one around?

- if there's no one around, you are not tackling by sliding – you are just sliding;
- if there is no one around you, can you slide to keep the ball in play or to score into an empty net; and
- if the referee determines the slide impacts an opponent, an indirect free kick will be awarded.

Can a goalkeeper do a slide tackle?

- a goalkeeper can challenge an opponent by sliding **HANDS FIRST** for the ball;
- a goalkeeper is not allowed to slide feet first at an opponent.



Pass-backs

Can the goalkeeper pick up the ball on a pass-back?

- when the ball is passed to the goalkeeper directly from a kick-in, the ball can legally be handled by the goalkeeper;
- if a goalkeeper uses their hands to pick up what the referee determines is an intentional "pass-back" during the course of normal play, it is penalized with an indirect free kick.

Free Kicks and Distance

What does indirect kick mean?

- an indirect kick means that a goal cannot be legally scored unless the ball touches another player on the field;
- this can be recognized by the referee's arm up in the air until the ball is touched by a player other than the kicker, or the ball goes out of play.

What does direct kick mean?

- a direct kick means that a goal can be legally scored by the ball touching only the kicker;

Can I stand in front of an opponent on a kick-in or a free kick?

- you must retire a minimum of 5-yards from the ball on any dead ball restart;
- a yellow card may be issued at the referee's discretion for not respecting this distance.

Substitutions

What is the substitution process when the ball is not in play?

- during dead ball situations, the 5-yard rule does not need to be followed;
- a player may leave the field from any boundary line when the ball is not in play.

Can I sub on the fly?

- YES! Subbing on the fly is encouraged.

What is the substitution process during play?

- if the ball is close to your team bench area, do not go on the field until the player you are substituting for has left the field;
- otherwise, please wait until the player is around 5-yards (5 big steps) away from you (5-yards from you, not 5-yards away from your 10-yard long bench) before entering the field;
- the player cannot leave the field from any boundary, only in front of your team bench, around 5-yards from the player who will come onto the field.

What is an illegal substitution?

- illegal substitutions can only occur during the course of normal play;
- the player/team gains this advantage by not adhering to the 5-yard substitution proximity as described above;
- example: a player gains a more advantageous field position than the person leaving the field by jumping in to break up or join an attack.

Referees

The referee made a bad call.

- the referee will not always see a foul, or may have a different angle or point of view than you;
- you do not have to agree with the referee;
- you do have to respect the referee, else be prepared to get a yellow or red card, depending on your behavior;
- **a referee making an incorrect call is not an excuse for poor behavior.**

The referee isn't answering my questions!

- the referee is under no obligation to answer questions or give explanations for their calls before, during, or after the match;
- the referee may choose to answer your question or provide an explanation at their discretion.

The referee isn't making foul calls and I am getting frustrated! Should I retaliate?

- the referee may not see the foul, or in their opinion it is not a foul;
- identify the behavior with the player, and ask them to play you fairly ("I need my ankles to walk at work. Please be careful. No one wants to get hurt").

Who are the refs?

- all referees in the AISL are certified soccer referees through Ontario Soccer.



Respect

- games may get competitive and heated, but keep it in perspective;
- this is the AISL, not the World Cup or BPL;
- behaviour you see in the Bundesliga is entertainment, not soccer;
- respect for your opponents, teammates, and the referee goes a long way towards everyone's enjoyment.

Head and Face Coverings

- players are permitted to wear masks while playing, though it is not mandatory;
- no one is permitted to wear a ballcap, even if it is soft-brimmed.



Don't Swear – There Are Kids

- while frustrations over a missed shot or a bad pass are understandable, do your best to hold your tongue;
- many of you bring your kids to watch your games, or there may be kids coming in from the hockey rink to watch your soccer game;
- show respect for everyone and keep your swearing to a minimum, and in a low voice;
- loud screaming of swear words in frustration will be dealt with by the referee as the situation arises.

League Website

- this document gives you, as a player in the AISL, a brief look into rules that will pertain to you on the pitch;
- for more information, please visit the league's website;
- if you cannot find the answer to your question, reach out to your team contact/manager.

The screenshot shows the website for the Beckwith Soccer League, specifically the Women's Open - Competitive Standings for Week 2. The page includes logos for the league and its partners, and a table of standings.

Rank	Team	G	W	L	T	D	GF	GA	GD	Points
1	RANGERS	0	0	0	0	0	0	0	0	0
2	PINK LADIES	0	0	0	0	0	0	0	0	0
3	TEAM AFS	0	0	0	0	0	0	0	0	0
4	HOT SHOTS	0	0	0	0	0	0	0	0	0
5	JUST FOR KICKS	0	0	0	0	0	0	0	0	0
6	TOMAHAWK	0	0	0	0	0	0	0	0	0

Legend: G = Games Played, W = Wins, L = Losses, T = Ties, D = Draws
GF = Goals For, GA = Goals Against, GD = Goal Difference, Points = Total Points

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