## **Turf Field**



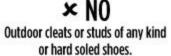
Flat Rubber Sole

**Turf Sole** 

**NO** Grass Cleats

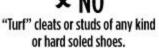


× NO





× NO





Soft-soled indoor turf shoes with

small rubber 'nubs.' \*RECOMMENDED





Soft-soled indoor 'flats.'





Different types of soccer shoes



Fig. 1