



ADULT INDOOR



SOCCER LEAGUE



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2019-2020 Season Updates

Updated: November 2019



Please note:

- ⚽ All coaches/managers are required to read and explain these rules to their players.
- ⚽ Ignorance is not an excuse to violate league rules.
- ⚽ The following lists the updates to the AISL rules and regulations from the previous playing season.
- ⚽ IFAB has introduced updates to their laws which will be enforced for the AISL 2019-2020 season.

This includes updates to:

- the interpretation of a handball;
- coin-toss winner may choose either end or ball;
- no attacking players allowed within 1m of a defensive wall of 3 or more defenders;
- yellow and red cards for team officials;
- goal kicks and free kicks within the defensive penalty area may be played by the defensive team before the ball leaves the penalty area, while opponents must wait for the ball to leave the penalty area or for a defensive player to touch the ball before entering the penalty area;
- new drop ball procedure (to the goalkeeper if within the penalty area, to the team that last touched if outside of the penalty area or if ball hits referee and a goal is scored, possession is lost, or a promising attack develops, to the team that last touched); and
- goalkeeper must have at least 1 foot on the goal line during the taking of a penalty kick.

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Updates to AISL Rules and Regulations

ADDITION

1. League Purpose and Behavioural Standard

League Purpose:

- The AISL was established in 2009 to provide a local and affordable option for residents to play indoor soccer during the winter months.
- The AISL is a skilled league that encourages and expects a sporting and friendly environment.
- The AISL provides a safe and enjoyable environment in which individuals may play indoor soccer. Win, lose, or draw, you are there for an enjoyable hour of soccer.

Behavioural Standard:

- The AISL does not expect that you will like all opposing players or every call the referee makes.
- The AISL expects all players to actively promote the league's safe and enjoyable environment.
- The AISL expects all players to be aware of their on- and off-field behaviour, and the effect it has on other players.
- The AISL expects that all players will show the respect that our game deserves.

Consequences:

In an effort to foster this safe and enjoyable environment, and to promote positive behaviour with opponents and game officials, the AISC (AISL Convenors) may, at its discretion:

- sanction or suspend a player(s) and/or team official(s) for **behaviour contrary to the league's best interests**.
- this individual(s) may be required to attend a reinstatement hearing.

ADDITION

5. Game Abandonment and Defaults

- g) Further to the above points, any team that forfeits a match on the same calendar day / within 2 hours of the first scheduled kick-off of the night may be subject to a \$40 punitive fine, **at the discretion of the AISC, in addition** to the standard \$40 default fine.

UPDATE

6. Standings Scoring and Tie-Breaking

- a) Win = 2-points Tie = 1-point Loss = 0-points



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UPDATE

8. Suspensions

- c) Any player who is found guilty of two dismissible offences (red cards) in one session, accumulating from play in any AISL division, will be suspended for the remainder of that session in all divisions that they are registered, or for the duration of the second suspension, whichever is longer.
- d) Any player who is found guilty of three dismissible offences (red cards) in one season (Fall and Spring), accumulating from play in any AISL division, will be suspended for the remainder of the indoor season in all divisions that they are registered, or for the duration of the third suspension, whichever is longer.
- e) Any player who is found guilty of three dismissible offences (red cards) in one season (Fall and Spring) will not be permitted to register on a team in the AISL until, at the request of the offending player, they attend an AISL **Reinstatement Hearing**, at which point registration eligibility will be determined.

ADDITION

11. Reinstatement Hearing

- a) A player that is found guilty of three dismissible offences (red cards) across two (2) subsequent sessions (the last two that they registered, does not have to be back to back sessions if the player does not register for one [1] or more sessions) is not eligible to register with a team in the AISL until they have successfully passed through a **Reinstatement Hearing**.
- b) A player(s) and/or team official(s) may be required to successfully passed through a **Reinstatement Hearing** to continue playing if the AISC are required to sanction behavior that is contrary to the league's best interests.
- c) A **Reinstatement Hearing** must be requested by the player(s) in question.
- d) The CPSC Disciplinary Committee will hold a hearing, which will consist of three (3) arbiters, including two (2) members appointed by the CPSC Disciplinary Committee Chairperson, and a league representative. Other parties required are the player in question and the team representative.
- e) The hearing will consist of:
 - a. a review and discussion of past disciplinary sanctions;
 - b. the player in question advising the committee of the steps they have taken to ensure their behavior will conform to league standards; and
 - c. the team representative advising the committee of the steps they have taken to ensure the player will be held, by the team, to the league's behavioural standards.
- f) The arbiters will deliberate and determine player reinstatement eligibility.
- g) The league representative, in consultation with the arbiters, reserves the right to add behavioural caveats to any successful reinstatement. The reinstatement will not be complete until the player agrees to the behavioural caveats in writing.



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Updates to AISL Modifications to the IFAB LOTG

UPDATE

Law 3. The Players

3.1 Number of Players

- b) In the co-ed division, there must be a minimum of 1 male and female players, and a maximum of 4 male players on the pitch at any time per team.

UPDATE

3.2. Call-Up Players

3.2.1 Call-up Rules

- e) A call-up arriving after the second half has started **is not eligible to play**. The call-up form must be presented to the referee, signed by both teams, before the second half has started.

UPDATE

Law 12. Fouls and Misconduct

b) Caution:

- When a player, goalkeeper, substitute, or member of the technical staff is cautioned, a team time penalty will be assessed. See **Time Penalties** below.
- A cautioned player or substitute (excluding the goalkeeper) is subject to a cool down period. See **Cool Down Period** below.
- A cautioned goalkeeper, as a specific skill position player, is not subject to the cool down period, except when determined necessary by the match official.

c) Dismissal:

- When a player or goalkeeper is dismissed, a match penalty will be assessed. See **Time Penalties** below.
- When a member of the technical staff is dismissed, a team time penalty will be assessed. If the dismissal is due to a second caution, only one team time penalty will be assessed. See **Time Penalties** below.

d) Cool Down Period

- When a player or substitute is cautioned, they must not return to the field for a minimum of 2-minutes, at the discretion of the referee.
- The goalkeeper, though traditionally exempt from this rule, can be required to serve the cool down period at the discretion of the referee.
- The cool down period must be served in full before the player or substitute is permitted to enter the field (a goal being scored does not end a player's cool down period).



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e) Time Penalties

- a. Team Time Penalty
 - i. A team shall play with one fewer player for a **minimum** 2-minute time penalty for each caution (yellow card) a player on their team receives.
 - ii. Time penalties shall commence when the match is restarted.
 - iii. The **referee** is the only keeper of time for time penalties.
- b. Match Penalty
 - i. A team shall play with one fewer player for the remainder of the match for each dismissal (red card) a player or goalkeeper on their team receives.
 - ii. Match penalties cannot be assessed to members of the technical staff or substitutes.
- c. Goal Scored
 - i. The two-minute team time penalty shall be considered served if the opposing team scores a goal.
 - ii. If a team has more than one player serving a time penalty when the opposing team scores a goal, the player with the least amount of time to serve may return to the match.
 - iii. If both teams are shorthanded at the same time and one of the team's scores a goal, the time penalty must continue to be served entirely by both players.
 - iv. The player **cool down period** does not expire when a goal is scored – **it must be served in full.**
- d. Co-ed Division
 - i. In the co-ed division, there is no requirement for reduced number of specific gender players. No fewer than 1 female and 1 male player, and no more than 4 male or female players may be on the pitch at any time.
- e. Playoff
 - i. In addition to any time penalty **in a playoff match**, any player (**excluding the goalkeeper**) that receives a caution (yellow card) in the **final minute** of a match **will not be eligible to partake in KFTPM** (if applicable).